

SCHEDULE –Butoh and Body Weather Residential Dec 2018- DRAFT

13(Thur) Nov

4-5pm Arriving/Setting up tents/ Introduction for the space
5:30pm **Session 1**(simple exercise with stretch etc)
6:30 pm Dinner
8 pm **Session 2 (gathering in inside)**
10 pm - Free time (out door bath etc)and Sleep

14(Fri) Nov

6 am Wake up/ clean the area/ Silent walk
8 am Breakfast
9.30-12.30pm **Session 3** at sand dune (Yumi)
1pm Lunch
3-5.30pm **Session 4** at the sites(Frank)
6 pm Dinner
8.30-10pm **Sessions 5**
10 pm - Free time (out door bath etc) and Sleep

15(Sat) Nov

6 am Wake up/ clean the area/ Silent walk
8am Breakfast
10-1pm **Session 6** at site (Frank)
1.30pm Lunch
3.30-5.30pm **Session 7** at site (Yumi)
6 pm Dinner
8.30pm **Sessions 8** (indoor)

16(Sun) Nov

6 am Wake up/ clean the area/ Silent walk
8am Breakfast
10-1pm **Session 9** at Mt Arapiles
1.30pm Lunch on site
3.30-5.30pm **Session 10** back to the land
6 pm Dinner
8.30pm **Performance session** at sand dune

17(Mon) Nov

7am Wake up/ clean the area
8am Breakfast Gathering and debrief
11am Free to leave or stay for another swim!!

Please note that the schedule will be subject to change due to weather and the other conditions.